the eXemplar

5th Edition

A publication of Discovery Learning Exemplary School

IRON FOR BREAKFAST >> PG. 45

30th July, 2021

MY EASTER BUNNY ▶ 39

TEACHING SOCIAL SKILLS TO BABIES THROUGH MUSIC >> PG. 38



Set 2021

GRADUATION & AWARD Ceremony



Profiling Learners for Differentiated Instruction Pg.13

Mental Math Strategies - Pg. 14



Editorial Note

Time they say is a measure of the duration of an event. Some measure time as units of a clock; in seconds, minutes, and hours, while others measure time by the different experiences they have. and these experiences vary. For some, life is good while for others life is not so good. Sometimes it appears everything is out of balance and while others are seeing enjoying life, some are seen as enduring it. No wander the adage, 'one-man's food is another man's poison'

Year 2020 was one such time, many wished it was fast forwarded, due to the advent of the deadly pandemic Covid-19. This dreaded virus brought the world and indeed Nigeria to their knees. Year 2021 ushered in a ray of hope as we began to figure the science of eradicating COVID-19. However, the after effects of this virus continue plague every aspect of society but especially the educational sector. COVID-19 changed education and the way we relate with each other and it would seem, the only way forward is to learn to live with it.

We hope that this fourth edition of our magazine 'The Exemplar' will be a page-turner and give you an entertaining reading experience. It highlights the things we are proud of and happy to celebrate such as the creative writing ability of our children but also it also touches on solemn issues such as: support for children at home, the need to teach social skills to babies, helping children to communicate at an early age, and creative ways to make art.

I encourage you to ensure you peruse through every leaf.

Happy reading experience!

Ms. Ruth Msugh
Head Teacher

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From the Proprietress

Congratulations Class of 2021 and a hearty thank you to our amazing DLES parents who have given us the opportunity to participate in your development! We are proud of what you have achieved but more importantly we are proud of who you have become, EXEMPLARS no less! This year's celebration is very emotional for me because as a learning community we endured a harsh year of uncertainty, pain and eventually the loss of a very precious member of our learning community, Mr. Ochekpe! Mr. Ochepke was a kind, friendly, hardworking, agreeable and cherished member of this community. He and his lovely wife Sonia always went above and beyond our expectations to support our school and members of our learning community. His demise has left a huge vacuum within our learning community and this year's celebration is laced with a deep sense of loss for all of us!

So, as we bid you farewell to continue your education, we appeal with you not to forget who you are (an exemplar) and why you must always aim to inspire and transform the world around you. I am famous for saying, “Any teacher can teach a smart child but it takes a special teacher to teach every child, especially that child who is already struggling, failing or at risk of failing”. This 'no-excuse-allowed' attitude is the mantra that guides everything we do to ensure that every child learns, no matter the difficulty. As you continue your education, I want this mantra to become yours, always tell yourself that you can do what it takes to achieve your goals and you will. Our society is in desperate need of passionate leaders and problem-solvers. It is my firm belief that the exemplary attitude and study ethic you cultivated while here have laid a leadership foundation for you to be all that. So, please continue to horn the values of commitment, empathy, respect, responsibility and cooperation, because when these values inform everything you do in life, then everything you aim to achieve will be within your reach. We love you and wish you all the best in the years ahead! Have a safe summer!

Mrs. Betty Kajoh, PhD
Proprietress

Ways to Support Children at Home



"Behold, children are a heritage from the Lord, the fruit of the womb, a reward. As arrows are in the hand of a warrior, so are the children of one's youth. Happy, blessed, and fortunate is the man whose quiver is filled with them! They will not be put to shame when they speak with their adversaries [in gatherings] at the [city's] gate." (Psalm 127: 3-5).

Children are a gift from the Lord and the pride of every parent; this is why it is important for us as parents to be conscientious about our responsibility in their development. The home is the sanctuary of every child's wellbeing and the type of home we create for our children can either make or mar their lives. As parents, we are our children's first and most important teachers. There is research to show that when parents are involved in their children's academics, the children perform better.

However, coping with the daily pressures of work and life sometimes compromise our ability to actively participate in the development our children. It is common to relegate the running of our homes to caregivers because we think that there is simply not enough time. In this article, I would like us to reflectively consider this critical question, how can we actively and conscientiously create a supportive home environment to equip our children for success?

The first problem facing the 21st child is media addiction. Children born in the 21st century are called digital natives and most of them can operate media devices before they learn how to walk or even speak. What this means is that they are constantly 'plugged' or receiving some form of media stimulation. In most homes it is common practice to have the TV on from daybreak to bedtime. What this means is that children spend an inordinate amount of time in front of the TV watching programs that parents are too busy to monitor. Some children even have personal mobile devices they always carry around to entertain themselves. The first step to providing a supportive home environment for a child's development is to create balance. Regulating media time and the content children are exposed to at home will allow them to focus on other things such as reading and social play. Parents can introduce children to a love of books by engaging in shared reading (parents read the book aloud to the children) and buying authentic literature instead of movies and video games. Children are drawn to what they enjoy and once they begin to enjoy books, their appetite for media consumption will gradually reduce to a reasonable level. Children who are strong readers have been shown to excel in other areas of their Another approach to creating a supportive environment at home is to be actively involved in the learning of your children.

Human beings by nature dedicate time to the things that are valuable and important. If the scripture I quoted is anything to go by, then we ought to see children as God's treasure to us and be willing to sacrificially make time for their development. Since children spend most of their time at home, it is not enough to leave their educational success in the hands of teachers.

Committed parental support at home is needed to facilitate the development of healthy study habits and overall academic success. Some other ways you can be actively involved in your child's development is to:

Homework Support: Have a specific time and place at home where homework is done daily. If your child says they have no homework then let that time be used for silent sustained reading. Ensure that all distractions are removed including turning off the television, muting social media, chats and phone call notifications. Helping your children with their homework allows you a close glimpse into their cognitive development as well as teach your child the value you attach to education.

· **Share Personal Experiences and Tips**: Having honest conversations with your children about some of the challenges you overcame as a student and the tips that helped you succeed will not only encourage them but will also make them open to sharing their struggles with you. A lot of times parents make the mistake of only sharing their triumphs with their children in order to appear invincible. This does not only discourage them but also make them to feel inadequate and pressured. When your child is preparing for an examination or assessment that is not a good time to brag about how you always came first in your class. Instead use that time to help them prepare and feel supported, share some study tips and develop mnemonic devices to help them remember important concepts and formulas. Remember they are not entering into a contest of brains with you; they are simply trying to figure out their way in life.

As I conclude this article, I hope you'd take a moment to critical assess your home condition and implement some of the suggestions I have made to creative a supportive learning environment for your children. May God help us to carry out this responsibility in Jesus name, Amen!

Written By: **Mr. Benjamin Pine**
School Manager

Helping Children To Communicate At Early Age

One of the most difficult aspects of caring for toddlers is being unable to engage in reciprocal communication with them sometimes. Adults who provide direct care and education for children from early childhood through age 8 have a great responsibility for helping them develop language and the ability to engage in age-appropriate communication with others. In this article I will discuss some strategies to help children develop language and communication skills.

Provide Sensory Experiences: Toddlers are sensory learners who are curious about the world around them and love to touch, smell, and taste everything. Having sensory experiences allows them to internalize words related to those experiences. Some fun sensory activities to do with your tot include having them use textured items to make shapes and write alphabets or numbers.

- Use dark markers to trace, shapes, letters of the alphabet and numbers on to cardstock or poster paper,
- Apply glue on the lines and have your tot decorate the letters with textured items such as little pebbles, beans, cotton balls, pastas and corn kernels.

Sensory activities stimulate language development because children get to repeat the names of the things they are making as they run their fingers over them. Such activities have also been found to mentally prepare the children for grasping writing utensils when it comes time for them to write. You can extend the activity by creating a poster that spells out their first name or the name of their favorite restaurant. Soon, they'd develop environmental print awareness and begin to notice these on signs, posters and billboards.

Label Your Household: Labeling household items, such as the refrigerator, windows, and chairs, will help children learn the names of labeled objects very fast. When labeling items, make labels the same size and use a basic font like "Times New Roman" or "Comic Sans MS" so the children can identify them easily. Type prints, and cut out individual words, then use clear tape to stick the words to objects, you can also glue the words to index cards and stick them on objects.

Create a Literacy-rich Routine: Reading to your child daily, and making them listen to nursery rhymes often fast tracks their language a literacy development. Many parents make the mistake of waiting till children are in school before they'd start reading to them. Start reading to your child as soon as they begin to recognize faces and turn their heads towards sounds. These approaches simplify the complexity of helping children develop language and literacy early.



UNITED WE STAND DIVIDED WE FALL

Once upon a time, there lived a man called Peter. He had three sons who were always fighting with each other. The Old man was not happy about these fights. One day, he called them to his room and told them that he wasn't happy about their constant fighting. But as always, the boys started arguing and blaming each other. It almost became a fight in front of their father! Peter thought very hard and decided to teach his sons a very important lesson.

He quietly walked out of the room and returned with a broom in his hand. He gave his first son the broom and asked him to break it. Taking the broom, he tried with all his strength to break it but he couldn't. Then he instructed the boy to hand over the broom to his brother, the second boy. He too tried to break the broom but couldn't. When it was the turn of the last son, the young boy removed the broomsticks and broke them one by one. The Old man smiled and said, "You can see that when the broom sticks were together, you could not break them apart, but the moment your brother separated the sticks, it was easy to break the broom. What lesson has this taught you?" he asked them? "When we are united, we can't be defeated but when we are divided, our enemies will easily defeat us". "Very well said,' answered the father. United you stand and divided you fall". From that day forward, the boys promised to live in unity with each other and never fought again.





Written and Illustrated by: Aese Kombol

Grade 4

My Best Christmas







Christmas is my favorite celebration and I always long for 25th of December to come, every year. I love Christmas so much because it is a day for merry making and getting money. Last year, my uncle came to spend Christmas with us. He had arrived late the previous night after we had all gone to bed. When we woke up, we were surprised to see him. We hugged and welcomed him. After that, we ate a lot of delicious food, then we went to church. When we got back from church, we played music and danced. When we were tired, our uncle took us to Tito Gate for Ice cream and Yoghurt. It was a lot of fun. That is why Christmas is my favorite celebration.

Written and Illustrated By:
Kator Inioingun
Grade 3

WHY I WANT TO BE A MEDICAL DOCTOR



Doctors are people who treat the sick. I want to be a doctor because I like to help people. Whenever I sleep I dream of becoming a doctor so that one day I can also treat the sick and save lives. When I become a doctor, I want to own my hospital so that I can help people. Sometimes, people are sick but they have no money to go to the hospital. I want to help people like that.

Written and Illustrated by:

Tachin Rejoice

Grade 3





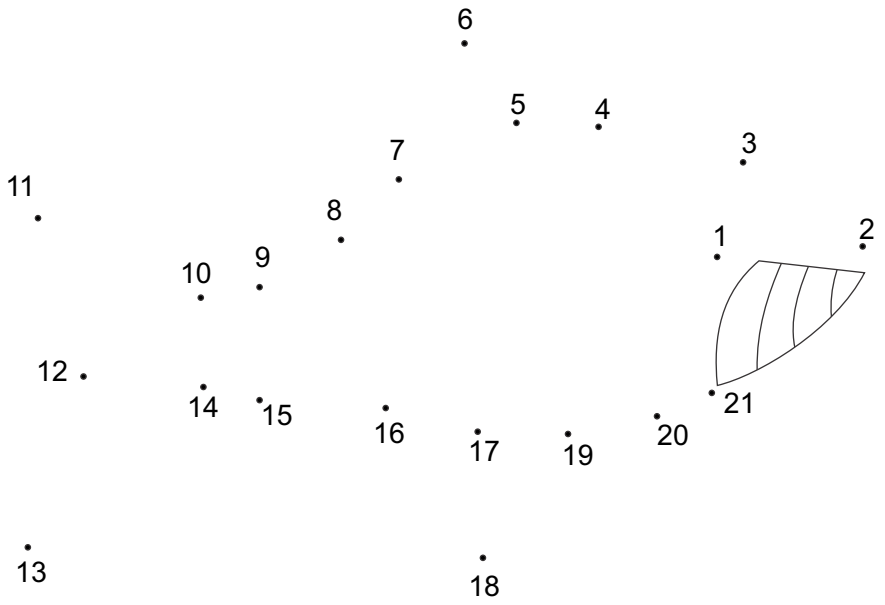
FUN TIME



Illustrated by: Mrs. Harriet Benjamin

DRAWING

Link the dots to find the mysterious animal that lives in water



PUZZLE

Search for the following weather and seasons.

T	E	N	A	T	T	A	M	R	A	H	E
E	R	E	H	T	A	E	W	N	W	N	S
S	U	S	R	A	T	E	L	P	O	A	C
W	M	U	Q	Y	N	N	U	S	O	S	L
O	R	M	U	B	H	S	A	O	W	R	O
B	O	M	A	N	T	E	U	T	D	E	U
N	B	E	S	T	S	P	A	S	T	O	O
I	U	R	T	L	A	N	E	T	M	A	Y
A	S	A	L	E	U	N	D	T	S	O	M
R	E	A	L	M	B	A	U	W	R	O	E
S	F	C	W	I	N	T	E	R	O	A	N
T	S	E	R	F	O	O	N	A	N	T	T

1. HARMATTAN
2. FALLSEASON
3. CLOUDY
4. SUNDAY
5. WINTER
6. FOG
7. RAINBOWS
8. HEAT
9. DEW
10. WEATHER
11. SNOW
12. SUMMER

Why Cats Live with Man

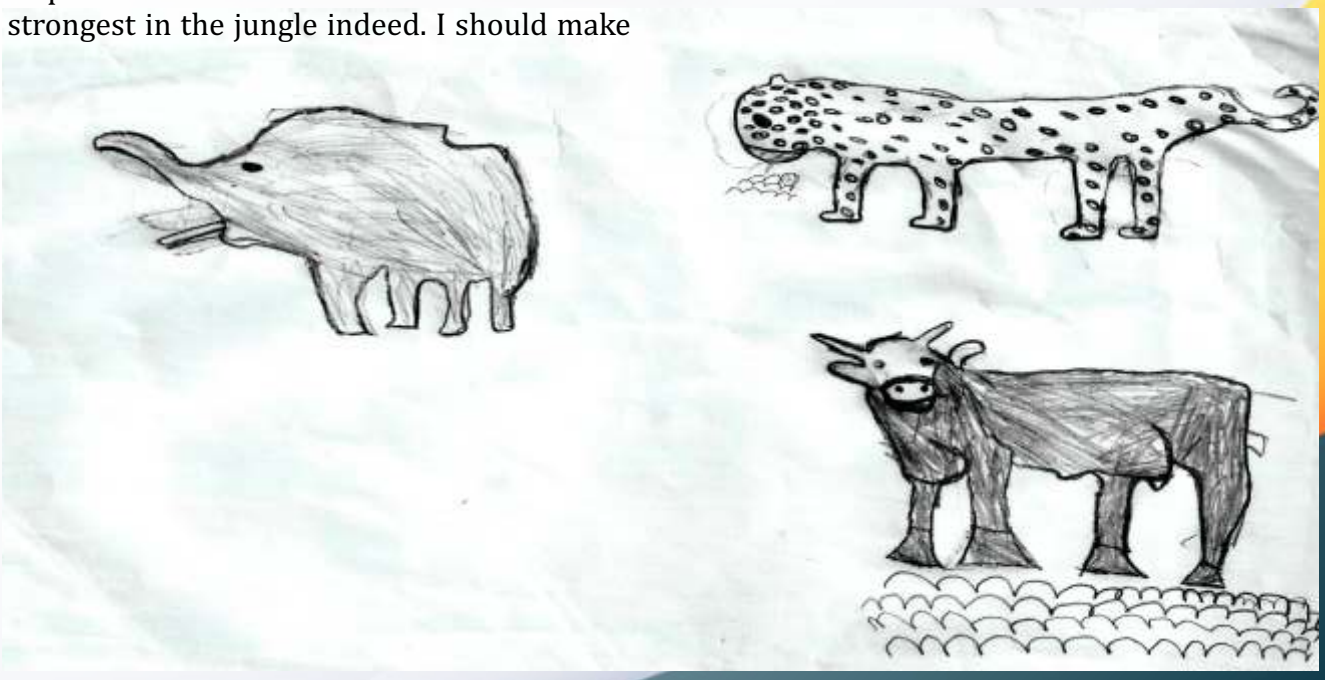
Long ago, the cat lived in the forest with other wild animals. The lion was his best friend and they went everywhere together. The cat thought the lion was the strongest animal in the jungle. One day, the lion went out to hunt and caught a rat; the rat was the servant of Elephant. When the rat did not return few days later, the Elephant became concerned and sent out a search party to look for the rat. They searched for hours but the rat was nowhere to be found. At last, they ran into a rattlesnake and the snake told them that the lion had killed the animal they were seeking. When the Elephant heard this, he was filled with rage and trudged at once to demand an explanation from the lion.

" Why did you kill my servant?" It demanded. "I have no idea what you are talking about," answered the lion. The Elephant asked again, "I said, why did you kill my servant?" This time the Lion got furious and asked the Elephant to leave his house at once. The Elephant lost control and pounced on the lion to teach him a lesson. Meanwhile, the cat that was a friend of the lion was so terrified, he climbed on the branch of a tree and was watching them. The fight became so fierce that it led to the death of the Lion. When the cat saw how the Elephant had killed the Lion, he became even more terrified and said to himself, "Oh! If the elephant can kill the lion then he must be the strongest in the jungle indeed. I should make him my friend." The Cat Climbed down from the tree, and went and rubbed his back against the leg of the Elephant and said, " I can be your friend and servant since the rat is dead." The elephant agreed and they went off together.



One day, the Elephant was going through the forest, eating leaves and enjoying himself, then a hunter came along, the hunter stood behind a tree and shot the Elephant and it fell to its death. The terrified cat did not know what to do! He then said to himself, "If the hunter can kill the elephant so easily there he must surely be the strongest in the jungle. I should make him my friend." So the Cat followed the hunter home and that is how the cat started living with Man.

Written and Illustrated by:
Ihotu Samuel
Grade 4



SCRAMBLE

Unscramble the names of all the graduating pupils

UORNB _____

OWDGNI _____

VIDIDA _____

LABEL _____

AREPEL _____

EDEAL _____

BEGLARAI _____

AMSEIJN _____

OMASWEE _____

BICEREN _____

MEDHANOBOA _____

ANTESER _____

CHOLEO _____

ODIMIO _____

ODANAO _____

TENSERA _____

MUMBRU _____

GONBEHYOE _____

By: Mrs. Harriet Benjamin

DISCOVERY LEARNING EXEMPLARY SCHOOL

WORD BANK

OLOCHE	DAVID
GODWIN	AONDOHEMBA
MIMIDOO	MARY
WINIFRED	SEDOO
SENATER	BRUNO
ANADOO	PEARL
BERNICE	SENATER
UMBUR	ADELE
OGBONYOHE	GABRIEL
JASMINE	KURAUNTER
AWESOME	NATER
IBUKUN	GABRIEL

A wife for John



Once upon a time there lived a rich man named Peter who had a son called John. Peter had a friend named James who was his business partner and had two daughters, Oluchi and Samsi. Peter told his son John to marry one of James' daughters so that the two wealthy families will become one forever. n Mr. James' house.

But, John did not want to marry any of those ladies because he grew up with them and knew they were badly behaved. So, he went to his father and told him, " father, I am sorry but I don't want to Marry Oluchi or Samsi, I don't like any of them. They are not well behaved." He complained. But, his father insisted, "John, do you know better than your father? I have told you my own, you must marry one of James' daughters. There is more to marriage than liking someone." He insisted.

Seeing that his father won't change his mind, John made a plan to prove his point to his father. He dressed as a servant and went to look for a job as a house help in Mr. James' house

John started confirmed that the girls his father wanted him to choose a wife from were very rude, wicked and lazy just as he had thought. They'd yell at, beat, and sometimes even spit on the house helps for no reason. One day, when Mr. Peter was visiting his friend Mr. James, John deliberately made a mistake while serving Oluchi and Samsi food. Both of the girls immediately started screaming at John, insulting him and hitting him on the head. John removed his hat to reveal his true identity as Peter's son. When, Oluchi, Samsi and their father realized that their new house help was his friend's son, they began to apologize to Mr. Peter and John. But it was too late; Mr. Peter told his friend that he was disappointed in him for not raising his children well! Mr. James had another house help named Martha, she was beautiful, kind, and respectful. When John returned back to his house, he told his father that he'd like to marry Martha instead. His father gave his consent and Martha; the house help became John's wife. They lived happily ever after!

Written and Illustrated By: **Oragba steven**



Profiling Learners for Differentiated Instruction

Profiling is an act of identifying a learner's level of reading including their reading accuracy, rate of self-correction, reading rate, and comprehension. It provides a snapshot of a learner's independent ability to read and negotiate meaning from text at a given time. It also highlights the learner's areas of strengths and weaknesses so that the teacher can make an informed decision about the appropriate support needed to ensure continued growth.

Is a learner profile the same as a report card?

No, a profile is different from a report card because it is conducted to assess readiness while a report card provides information about a child's progress over time. What this means is that a profile is a diagnostic tool will a report card is a summative tool.

How important is a learner profile?

Profiling is essential not only because it provides teachers with a baseline for instructional decision-making but also because it allows the learners the opportunity to talk about their learning interests, struggles and achievements with parents and others and can challenge, motivate and support all learners. Profiling is also useful in preventing conflict between parents and the school about grade placement of children because sometimes parents would make requests that their children be placed in specific grades that may be higher than the functional ability of the child in question. In such instances, the running record generated from the profiling assessment can be used to show parents why it is more reasonable to consider an alternative placement for the child. Profiling thus facilitates evidence-based practice and quality assurance by enabling the teacher to know the learner and provide adequate instructional support based on identified strengths and weaknesses.



Written By: **Msugh Ruth**

THE KIND ELEPHANT





Once upon a time, there lived a kind Elephant in a jungle far away. This elephant was so kind that he would share his food with the other animals and always help them when they had problems. One day the elephant saw that his friend the monkey was hungry and had nothing to eat. "I am so hungry I could swallow an elephant!" Yawned the monkey. The elephant smiled and told the monkey, "There is no need to swallow me my friend, I will go get you something to eat. After walking a little distance, the elephant saw a banana tree with some ripe bananas on it. "What luck!" said the elephant, "Today is surely your ucky day!" But, when the elephant reached for the bananas, his trunk was too short. The Elephant used his big feet to stomp on the ground next to the tree. Two bananas fell down and the monkey ate happily.

Written and Illustrated by:
Abah Deborah
Grade 2

Mental Math Strategies



Mental math refers to the practice of computing math problems without the need to write down the operations or use a calculator. Mental math strategies help develop the computational fluency of children because they learn to estimate quantities by using math facts they have committed to memory, including the multiplication table, compatible numbers, and doubles. Mental math is an effective tool for getting children to enjoy math and become strong mathematicians through the grades. In this article I will share some strategies for getting children started on mental math.



GETTING READY

It is important to prepare adequately before introducing mental to your children. Here is how…

Create Flash Cards for Drills: flashcards are easy to make and very practical for math drills and games. Always ensure to create flashcards for every concept you teach in any subject. Get cardstock paper or ordinary printing paper; cut it up into rectangles of 4 wide by 5 inches long. Then use markers to write out the drill questions, write only one question per card in very clear, large letters. When you have finished creating your flash cards, place the cards in a clear plastic bag and store in an empty shoebox or small carton. After you have introduce a mental math strategy, let the children use the cards you have created for practicing during cooperative learning activities until they commit that strategy to memory.

Create Math Games: Marianne Montessori, the found of the Montessori learning pedagogy once said, for children learning is play and play is learning."

Children love to play games with each other and incorporating games into learning has been shown to increase their engagement and motivation to learn. To introduce math games, you need game boards, game pieces, number dice, game cards and the rules of the games. The game board can be a simple plain cardstock paper; you can draw directions for movement on the board and possible treasures that can be collected once certain tasks have been completed.

Model Thinking Through Math Problems: As with so many things in life, children learn by observing and mimicking others; so what better way to teach them how to think logically about math problems than making your thinking visible through modeling? Phrases such as, "I noticed that..., so I am thinking that may be… and I wonder what will happen if I …" allow children to take a peek into your brain and see your thinking process.

Written By: **Mr. Pawa Solomon**

Why I Want To Be An Actress





Actresses are Women or ladies who perform on stage, television, and in movies. I want to become an actress because I enjoy watching movies and I want to be a part of people who create movies. One time, I watched a movie that featured an actress by the name Mercy Johnson; she made her role seem so real I almost forgot it was a movie. Mercy Johnson started acting when she was a child. Now she is a professional actress and one of the best Nigerian actresses. She became my role model since that day and I made sure I watched as many of her movies as possible.

All her movies are very interesting. I want to be like her because she was able to fulfil her dream to be a professional actress. I think that acting makes people happy. I want to be an actress so that I will entertain people and also make them happy

. I also think that acting is a great job because it makes you famous and rich.

I want to have a lot of money so that I can help my family and other people. Now you know why I want to be an actress when I grow up.

Written and Illustrated: **Tachin Mimidoo**
Grade 5

Music
MY DREAM CAREER



I have a dream to be a musician one day. I want to be a professional dancer and singer. Many people have told me that my voice is good; I know I have the talent. Singing and dancing and all that goes with performing on the stage come from my heart. To me being on stage and entertaining people makes me happy. It also gives me an opportunity to showcase my talent. I want my music to touch people's lives like Britney Spears. I want to be just like Britney Spears. Britney Spears is an American Singer who was born in Louisiana in 1981. At eight years old,
She tried to be in the Mickey Mouse Club show, but she was not accepted because the producers thought she was too young. Britney spent time in New York studying how to dance and sing at a school. She tried again at eleven to be in the Mickey Mouse Club, this time she made
it and began performing. After she became a famous singer, she touched many lives including children. She'd buy toys and take them to the hospital to give sick children. This made many families very happy. When I become a super star like Britney, I also want to help poor and sick children. I hope my dream come true.

By: **Tachin Winifred**
Grade 4





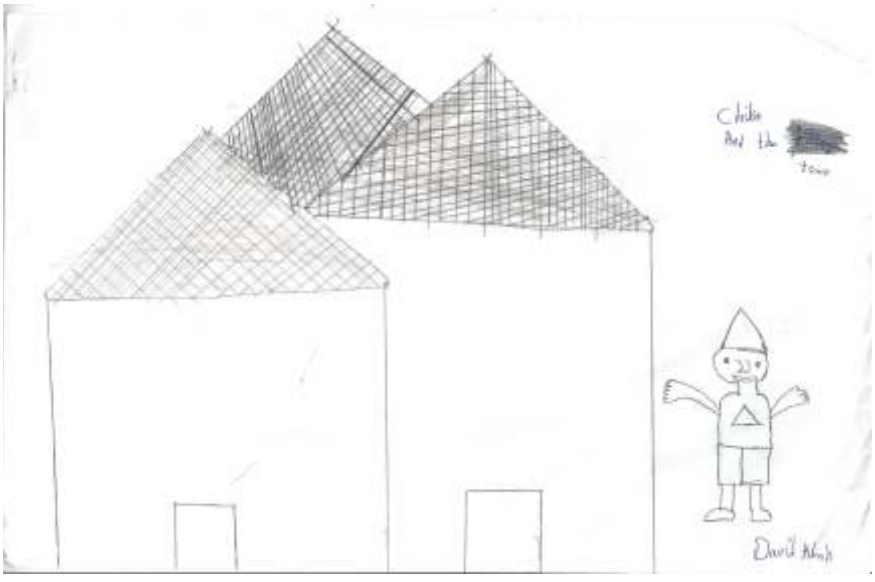
IT PAYS TO WORK HARD AND TRUST GOD

In the town of Makurdi, there was a boy named Chika. Chika came from a very poor family. He lost his father when he was six years old. He had a sister named Ngozi, but ever since their father died, his Sister, Mother and he were suffering seriously. They could hardly get enough food for themselves so, his Mother sold fruits and vegetables, for them to survive. “Don't worry my children,” their mother would always say, “No condition is permanent, one day God will help you to become great and your suffering will be a thing of the past” Chika and Ngozi were very good children because they'd help their Mother both at home and in the

Market without ever complaining. Chika loved football and every time he was free, he'd be playing foodball. Ngozi loved to read and always came first in her class. The Family kept working hard and praying. After some time, God came to their aid, the woman's business grew and she had enough to take care of the family needs and the children's education. In the end Chika became a great footballer and Ngozi became a medical doctor.



Written and Illustrated by: **David Abah**
Grade 5



Jackdaw the Ugly Bird



There was once an ugly and shapeless bird named Jackdaw. One day, another bird was celebrating her birthday and Jackdaw was invited to the party. At the party, all the beautiful birds started laughing at her and making fun of her ugly voice. Jackdaw thought and thought about what to do. Suddenly a bright idea came to her mind. She had heard that the tortoise was a wise animal. So, the next day she went to the tortoise, to ask for advice. The tortoise told her to visit all the other beautiful birds and ask to borrow a feather from each of them. After putting on all the beautiful feathers she had collected, she became the most beautiful bird in all of bird land. Then She became rude and treated the other birds worse than they had treated her. When the parrot saw this, he became angry cried out, "Our feathers have made you beautiful! How could you treat us so badly". So, so all the birds demanded for their feathers and Jackdaw became an ugly, shapeless bird again. The birds laughed at her as she went home crying.

Written by: **Tachin Terdoo**





THE BIRD THAT COULD NOT FLY



A long time ago, in a faraway land, there lived a bird named Landler. Landler was a very beautiful, and colorful bird, but it could not fly. Every time Landler would see the other birds like the eagle, the humming bird, and the pigeon flying, she would think to herself, "I shouldn't be called a bird at all, after all what good are my wings if I can't fly?" So, Landler decided to keep away from the other birds and would spend her days hopping through the forest in search of what to eat. One beautiful morning, while going through the forest she came across a tortoise named Tito. She wanted to hop away but decided to be kind and
talk to the tortoise. That's a heavy load you are carrying there, do you need help?" She asked. "Sure, I will be grateful if you can help me." Answered Tito. Landler helped Tito to carry his load.

When they arrived where Tito was going, Tito asked Landler "Why were you hopping all alone and looking so sad?" "Because, I am not important to anybody in this land." Replied Landler. "What makes you think so?" Asked Tito. "I cannot fly and none of the other birds want to hop with me; they think hopping is too slow." She answered, "Rubbish!" said Tito, "So what if you can't fly? That doesn't mean you are not important! You are kind and beautiful and I think that is very important. Besides you can't fly because you were not made to fly, you are a peacock" Added Tito. "I am?" asked Landler "Yes you are!" and from that day, Landler became the happiest bird in the land.



Tomuter Azende
"Grade 3

Goodwill Message

CATHOLIC DIOCESE OF MAKURDI

HOLY GHOST PARISH MAKURDI

P.O. Box 2, Makurdi, Benue State-Nigeria
Tel: 09037986792

*Our Ref:*_____ *Your Ref:* _____ *Date:* 20/7/2021

FELICITATIONS

On behalf of the priests and the good people of Holy Ghost Parish Makurdi, I felicitate with the management and pupils of Discovery Learning Exemplary schools on the occasion of the 5th graduation ceremony and launching of the school magazine "The Exemplar".

Congratulations also to the graduands of 2021 for their accomplishment. Today we celebrate their hard work of many years which has been crowned by this graduation ceremony.

Discovery Learning Exemplary Schools, Makurdi has, and continues to provide the much needed platform for the attainment of high quality education. May I use this unique opportunity to congratulate the proprietress, school manager, head teacher, PTA, staff and pupils of the school for the superb feat achieved. You have through your tireless efforts helped in carving an enviable niche for the school and I heartwarmingly congratulate you on your sterling achievement.

It is my hope that despite all the seemingly insurmountable challenges that impinge on the development of the school, the school management will be inspired to move ahead. Happy graduation, never lose hope and never doubt your hard work, because you have the potentialities to make it happen. May you always shine bright.

Congratulations and good luck.

Very Rev. Fr. Dr. Moses Aondover IORAPUU

Parish Priest Holy Ghost Parish Makurdi

HOLY GHOST PARISH P.O BOX 2 MAKURDI
SIGN_____
DATE_____
MAKURDI

Don't Bite The Hand That FeedS You





Once upon a time, there lived a powerful and wicked king, the King had a Dog and the Dog was as wicked as its owner. Each time the King was not around, the Dog would scatter and break things around the king's house and when the king returned, he would punish the dog and refuse to feed it. The dog did not like to be punished in this way so one day he thought of a plane to make the King Disappear. In the middle of the night when everyone was sleeping, the dog sneaked out of the house and went to see his friend the Cat. "My, friend," said the dog, I need your help with something. I need you to help me make the King disappear." said the dog. "Disappear?" Asked the cat rather surprised. "Why would you want your owner to disappear? Who would feed you and play with you? "I can feed myself and play with you my friend." Answered the dog.



"But where will you live?" Asked the cat. "Won't you let me stay with you? I thought we were friends." "Yes we are friends but what if you want to kill me one day like you want to kill the King now? The next night, when the King was sleeping, the dog attacked the king but the powerful king overpowered the dog and killed it. That is why it is not good to bite the hand that feeds you.

Iordye Caleb
Grade 3



My Nineth Birthday



I celebrated my last birthday in school. My birthday comes on the 18th of every June. This year, I decided to celebrate with my classmates, schoolmates, and teachers. Some members of my family were also there such as my little Sister, Uncle, Aunt and Mum. First the mates and staff sang a birthday song for me, after that we snapped lovely pictures, then, I cut my cake and gave out the party packs that my mum prepared to my classmates.

My mum also brought cup cakes for my class, which were handed over to Mr. Tersoo, my teacher. He shared them to the class when other classes had left. The day was full of fun and I really enjoyed myself. All thanks to God and my Mum for making the day a great one for me!

Witten by: **Ochekpe Ode David**







The helpful Little Bird



Once upon a time, there lived a farmer who had a little vegetable farm. Although his farm was little, he was very kind. The farmer would often leave some food on the ground for the birds to eat and a bowl of water for them to drink. The farmer had a neighbour who had a very troublesome goat and everytime the farmer planted his crops, his neighbour's goat would come and eat the leaves and destroy the plants.

One day one of the little birds, which the farmer used to feed, saw the goat eating the farmer's vegetables and made a plan to help the farmer. He decided that anytime the goat would come to eat the vegetables, he would sit on the goat's back to make the goat uncomfortable. He did that every day until the troublesome goat stopped coming to eat the farmer's vegetables. The farmer was very happy and thanked the bird.

David Ode Ochekpe
Grade 3





The Stingy Rich Man

Once upon a time there lived a rich man; he had 3 sons. The man was rich but he was also very stingy. Any time someone would ask him for help, he'd pretend to be poor and would refuse to help the person. He was so stingy that he would refuse to buy good food and good clothes for his children, because he thought it was a waste of money. One day, the man got sick, "Father, let us take you to the hospital so that you can get better," said his eldest. "Nonsense! You think I have money to waste like that? Is it everything that you need to go to the hospital? Those hospitals that like to charge a lot of money for everything! Go and buy medicine for me from the chemist, I think I have malaria". The man responded. The man took all kinds of malaria medicine but his sickness never got better until one day he died. After he died, his 3 sons were surprised to find that their father had a lot of money hidden in the house. They shared the shared the money among themselves and gave some of the people their father had refused to help in the past. All the people praised them and they lived happily ever after.

Solomon Humbe
Grade 3







2021 Dance Groups



HIP HOP DANCERS

CONTEMPORARY DANCERS



2021 Dance Groups

INDIAN DANCERS





BALLET DANCERS

2021 Dance Groups



AFRO DANCE



PRESCHOOL
HIPHOP DANCERS

Facts about space

The United StateS of America launch what is known till today as the biggest ever space station, and first permanent one.



The "Freedom Space Station" was launch in 1995.

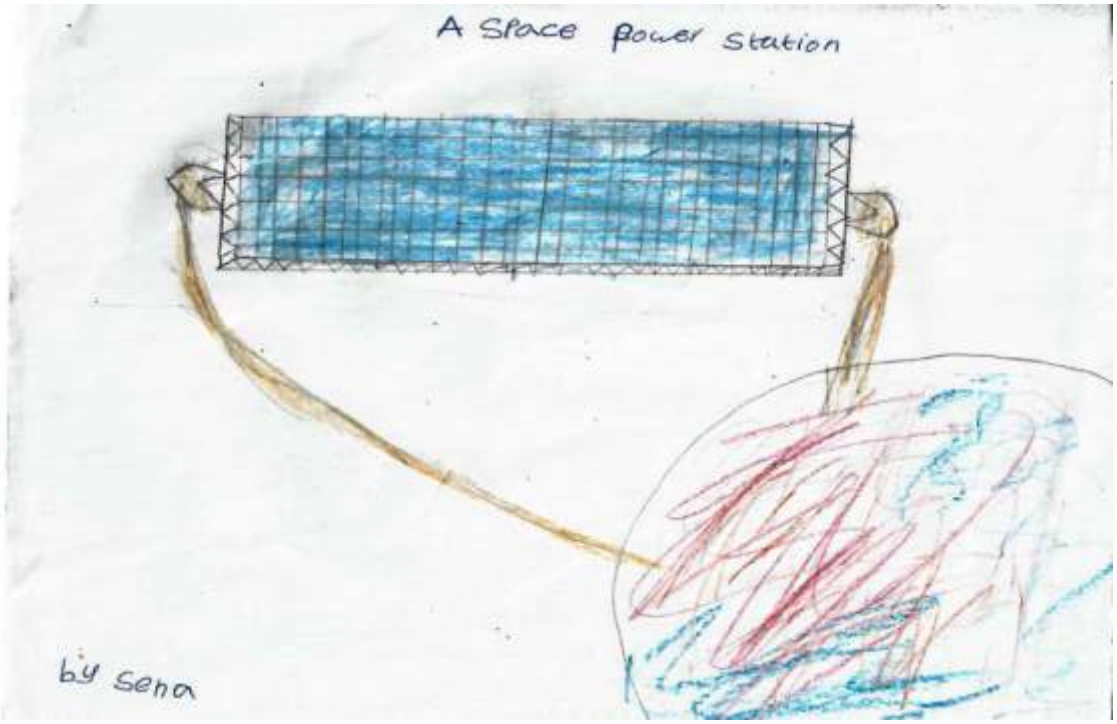
The U.S said the space shuttle will take parts of the station into the orbit in 20 missions.

This Freedom Space Station is to give new source of power to people on earth.
A gigantic solar panel has been sent into the space to capture the sun's energy and send it



to the earth.
The diagram below is an example of what a space power station looks like.

Written and Illustrated by:
Bruno Senater Tar





Graduating Class 2021



Winifred Sedoo Tachin

Best in Science



David Oloche Abah

Best Graduating Student

Best in Mathematics



Godwin Aondohemba Ioydye

Most Punctual



Mimidoo Mary Tachin

Best in Mathematics



Bruno Senater Tar

Most Creative



Class of Preschool 2021



Gabriel Ede Ogbonyohe

Best in Science



Bula Senater Bernice

Best in English Language



Umbur Azende Adele

Best in Social and Living Habits



Achakpa-Ikyo Andadoo Pearl

Best Graduating Preschooler

Best in Mathematics



Asunda Awesome Nater

Best in Cultural and Creative Arts



Moradeyo Gabriel Ibukunoluwa

Best in Writing



Jev Kuraunter Jasmine

Best in Rhymes

Goodwill Message

Dear David,Our Beloved Son,

Congratulations on your award as the Best Graduating Student 2020/2021 session!

Words can't express how happy and proud we are of your growth and accomplishment.Your path can only shine brighter from hereon,we are rooting for you,we love you and we celebrate you. Reach for the Stars our Super Star

We celebrate the Management and staff of DLES for the reformative work done on our kids. Through your hard work and commitment, they have become exceptionally smart, confident and ready to take up any challenges.

We're glad we chose DLES

Long Live DLES!

Mr. and Mrs. John Abah

Goodwill Message

Senater my love, to say that I am proud of you for achieving this milestone is an understatement. it has been a pleasure watching you grow and change over these years! You are determined, and with a lot of hard work nothing can stop you. know that you have made Mommy very proud. Congratulations on your graduation and award, I can't wait to see what the future holds.



Mrs. Agatha .D. Tar

Goodwill Message

Felicitations to the Proprietor and Management of Discovery Learning Exemplary School on the occasion of the 5th Graduation Ceremony and the launching of the 4th edition of The Exemplar Magazine.

We are delighted to be associated with the Proprietor and heartily congratulate her for investing resources, time and talent in the education of youth in her fatherland. We also congratulate her for the award of a doctorate degree. We have no doubt that she will use her vast knowledge in modern learning methods to impact positively on education in Benue and Nigeria.

Professor and Lady Adedzwa

Goodwill Message



Though you started late, you are finishing great! You have shown that determination can bring success, no matter the challenges. We are really proud of your excellent performance, as the best Mathematician in your class. You're a torch bearer both for the Tachin family and Discovery Learning Exemplary School for our collective efforts to see you rise into a great woman. We will support you all the way in your future education, and we urge you to remain focused so that you can achieve your potentials. Let the grace of Christ transform you into an instrument in God's hands.

Rev. Dr. & Mrs. Philip Tachin

Goodwill Message

I want to a very special way appreciate the proprietress of Discovery learning exemplary school Dr Mrs Kajoh Betty and her wonderful team of staffs for the great and marvelous jobs they are all doing in shaping the lives of this young generation.

My family has been with you from the very beginning and we can attest to the f

act that you're a blessing to these kids. Congratulations to you for yet another DLES graduation and many more to come.

To my dear son Godwin Iordye, congratulations on your graduation.

I am extremely proud of you, May your every wish and desire come true. Today, we are so grateful and proud of all the best things you did.

Once again congratulations to all the graduating kids and I wish you all the best in your future endeavors.



Mr. & Mrs. Terfa Iordye

Goodwill Message

PATFOREST Science & Amusement CENTRE



On behalf of the Ikyôs, I wish to congratulate DLES on the 5th edition of their school magazine, "The Exemplar" and the 5th graduation ceremony of its pupils! We are pleased to be a part of this amazing learning community and pray that God will continue to guide and bless your endeavors.

Dr. & Dr. Mrs. Barnabas Achakpa-Ikyo

Proprietors, Patforest Science & Amusement Centre, Makurdi

Dance Performances on Cultural Day









TIV Dance

IGBO Dance



INDIAN dance



Display of Traditional Royal Families on Cultural Day





A Tiv Family

An Idoma Family







An Igede Family



Display of Traditional Royal Families on Cultural Day





A Yoruba Family





A Hausa Family



An Igbo Family



Display of Traditional Royal Families on Cultural Day

CATCHING UP A FLIGHT BY THE PRESCHOOLERS ON CULTURAL DAY





Group Photograph

































TEACHING SOCIAL SKILLS TO BABIES THROUGH MUSIC



Singing good morning song teaches the importance of greeting, singing as cue to pick up toys and learning materials, teaches caring for our belongings and spaces, total physical response routines teach the importance of celebrating others.

Social skills are any competence facilitating interaction and communication with others where social rules and relations are created, communicated, and changed in verbal and nonverbal ways.

Social skills learning improves a child's positive behavior and reduces negative behavior. Social skills learning promotes a child's academic success, health and overall well-being.

Music therefore is important to every child as it ignites all areas of child development and skills for school readiness, including intellectual, social-emotional, motor, language and overall literacy. It helps the body and the mind work together.

Exposing children to music during early development helps them learn the sounds and meaning of words. However, the importance of teaching social skills includes;

1. Empathy: Empathy means to interact well with others and to understand how they feel. The babies should be able to communicate effectively and appropriately to enable them become socially aware. They should learn to celebrate and cheer up one another. By using nice words like- Terrific! Hello! Awesome! Good morning! You Rock! And many others.

2. Cooperating and sharing: Cooperation is an important social skill activity category for kids, as they say sharing is caring! The kids should learn how to play fair and make things fair while being kind and respectful at this stage in development.

For instance- playing toys together, sharing learning materials together, carrying out a cooperative classwork or task together without dispute.

3. Respect: Respect needs to be taught to kids explicitly. Learning the social skills of respecting personal space, babies will have a better chance of making and keeping friends. For example, the kids should learn good manners like being respectful to their parents, teachers, siblings and to one another. They should learn good toilet manners, taking turns in conversation, showing appreciation over good deeds done.

4. Responsibility: Is the state or fact of being responsible, answerable or accountable for something within one's power, control or management. Children need to be responsible by setting expectations, picking up toys together after playing, learning stations manipulative, clean up spaces after eating and caring for belongings and materials. Kids should make sure their assigned chores both in school and at home are done properly.

5. Commitment: Commitment is a promise or agreement to do something. And it's very important for every child to show commitment by ensuring the completion of any task given to them like homework, class responsibility assigned to them, by reaching out for assistance, completing any project they embark upon like learning a particular skill like taking turns as often as possible, they should be properly arranged both in their appearance and the arrangement of their properties in school and at home.

In conclusion, the relevance of teaching social skills cannot be over emphasized as it prepares the child's on better ways to communicate with their age grades and adults to sustain a good friendship. It goes further to instill in the children at very young age, it's also creates a positive way of expressing their feelings and behaviors as well as to manage or resolve in differences.

Written by: **Mrs Blessing Terkaa.**

THE Easter Bunny

By: Ayuc Kombol (Grade 4)

One Easter Sunday, I woke up and saw a present beside me, when I opened it, I discovered that it s an Easter Bunny. Everybody knew the Easter Bunny was not real but I didn't know for a long time. I believed it was real and I used to wonder whether it was a girl or a boy. I wasn't sure but I still believed the Easter Bunny was real and I loved my little stuff Easter Bunny toy. Everywhere I went, I'd always carry my Easter Bunny toy with me. Even when I slept, the bunny stayed beside me. Sometimes, I'd play and talk with my bunny, and people would laugh at me. But I didn't really care because to me, my Bunny was very much alive and when I talked to it, I felt like I was talking to my best friend. I loved my Bunny so much that I'd cry anytime it wasn't with me. Then one day in kindergarten, I was telling a friend about my Easter Bunny and she asked me,
"Do you know that Easter Bunny is not real?" When I said, "Easter Bunny was real," everyone laughed at me. It seemed I was the only one who didn't know. I was sad but I still love my Easter Bunny.



Written And Illustrated by: **Hadassah Yarnap**
Grade 4



DLES EXCURSION



Strategies for Supporting Language Development in Non-verbal Children

The elementary form of human communication is language. Language consists of words and is usually spoken, written or gesticulated. Language acquisition and development is systematic and begins from childhood through adulthood. Language development milestones help both medical practitioners and families to monitor language acquisition in young children to ensure that they are meeting expected milestones. These milestones fall between the ages of 0-8 years.

According to research, it is expected that, between the ages of:

· 0-3months: babies begin to coo, smile and laugh at intervals and with time, they begin to communicate with sounds and gestures like trying to wave and point.

· 4-6months: they start babbling, followed by jargons that are meaningless until 12 months.

· 12-18 months: they utter their first words with meaning, those monosyllabic words like trying to call '' daddy'' using words like Dada, they also learn to follow simple instructions.

· 18-2years: most kids begin to put two words together into short sentences. They understand much of what you say and what they say.

· 2-3years: they become chatty, expressing themselves more, engaging conversations freely.

· 3-5 years: they are involved in more complex conversations about your thoughts, feelings and different topics.

· 5-8years: During the early school years, they learn more words and start to understand how the sounds within language work together. Children become storytellers as they learn to put words together in different ways to build different types of sentences, share ideas, opinions and have adult-like conversations.

So what happens when children are not meeting these milestones? Below I will share some strategies for supporting language development in young children.

1. Rhyming

This is a style of poetic writing where written verses have corresponding sounds either at the beginning or end. Rhyming loosens the tongue for speech production and improves the cognitive development in young children. As they go over such poetry, a mental picture is created in their mind to facilitate understanding and comprehension.

Parents whose children are non-verbal or not meeting the language development milestones can buy nursery rhymes from the bookstores and play in the car or at home frequently. As children listen to these rhymes over and over again, they tend to begin to repeat them, and this skill helps them to become more articulate in speech. Rhyming also strengthens memory as their brain internalizes and categorizes words into people, objects and events in their daily life.

2. Segmenting

It enables the splitting of words into their separate speech sounds in reading, i.e. bas/ket. Segmenting helps to develop spelling skills by building an understanding of how certain words are categorised by sounds. It gives an understanding of syllables.

3. Blending

This is also a phonemic awareness language development skill that helps kids to read decodable works and unfamiliar words.

It is the sounding out and combination of letters in a word one at a time in order to decode the word i.e. c/a/t/.

4. Chanting

Speech articulation in children in usually patterned to create active participation through, gestures, movement and dance. This technique improves a dynamic atmosphere where the forms and mood of activities is rhythmic with songs and dance, which aid articulation of clear and correct pronunciation.

5. Memorizing high frequency words

High frequency words are commonly used words in everyday speech including words like, I, you, he, she, we they, be, me, mine, sit, there, here, go, eat, and come etc.



Most of high frequency words are not decodable and must be memorized as pictures by heart. Children at different age groups are expected to be familiar with different kinds of high frequency words. A simple Google search for these different lists of high frequency words will generate a deluge of resources. Once you have a list, create flash cards by cutting cardstock paper into 3 by 5 inches rectangles, and using markers to boldly write the numbers on it. Read the words to your child everyday until they start to read the words themselves.

In conclusion, language development in young children can be greatly enhanced through the exposure of engaging, linguistic activities such as has been discussed here.

Written by:

Barbara William

Goodwill Message

Congratulations Sedoo!you have shown that God has invested intellectual qualities in you that can make you stand tall among your peers. scientist or engineer is born into our family. Your excellent results have



also shown that Discovery Learning Exemplary School is one of the best in Benue and it's working to shape future personalities that can make Benue proud. We are hopeful that another We the Tachins are very proud of you for justifying the money that we have spent on your education so far.We will support you to go higher places in your educational career, and we want to encourage you to remain focused. In all this, we want you to glorify the Lord Jesus Christ in your life by showing discipline of character. Blessings!

Rev. Dr. & Mrs. Philip Tachin

Goodwill Message



We wish to use this platform to celebrate our cute children God has blessed us with and to congratulate the Graduating students, Staff and the Director (Mrs. Betty Kajoh) of Discovery learning Exemplary School on their first graduation celebration. we are glad to be a part of the Discovery Family and our wish is to still be here to celebrate greatness in the nearest future. thank you Mrs. Betty Kajoh for your efforts and may the good lord increase you!

Mr. &Mrs. Cosmos Gege

Paper Mache Crafts



There is this joy in kids, when they discover they can actually use something thought to be useless to produce something useful. Children usually tear up papers which not only makes the paper look useless, but also pollute the environment. such torn papers can be used in making so many things of great importance.one of such is Paper Mache. Paper Mache is a mashed or pounded paper soaked in starch to form paste. the solid paste formed are used in producing objects like cups, plate, bottles, bowls, jugs etc. objects can be produced from paper Mache using the following steps:

- Select any object with a solid shape which the modelling will be done
- Prepare starch and make it thick like paste
- Then tear the desired copies of paper into narrow strips
- Dip each strip of paper in the starch paste and cover the model completely, putting one strip at a time (make sure that each strip is laid in different direction to ensure thickness
- Allow to dry slowly in a cool place
- You can paint or decorate your work after it has dried.

Paper Mache is environmental friendly and can be created completely from recycled materials. With mashed paper, one could produce inexpensive object that can both be useful and decorative. It will make paper more useful and in turn prevent environmental pollution.

By **Miss Deborah Terver**

The Lion and the Cheetah

One day there was a Lion who was very hungry, because it had not eaten for days. Then a cheetah was hiding in the grass. The cheetah did not see the Lion. The Lion suddenly jumped out of the grass and attacked the cheetah. The cheetah tried to escape but the Lion been a very clever animal overpowered the cheetah and killed it.



Nater Ngorgor

Grade 1



My Teacher

My teacher is the best. He is good and he makes me happy. Whenever he teaches me, it makes me feel like he is my Dad. He is the best teacher I have ever met, he understands me and helps me whenever I need help with my school work.



My teacher helps other students too, he is a very helpful man. How I wish all teachers were like him. My teacher is Mr. Pawa Solomon and I think he's the best!

Ngorgor Seraph Iwueseter

Grade 2



Iron for Breakfast





When you think of breakfast, what comes to your mind? Bread and butter? Eggs? Or may be porridge? That's right! No one would ever imagine biting into a chunk of iron for breakfast. But, What if I told you that many people eat iron for breakfast, lunch and dinner? Shocking right?

Iron is the chemical element with periodic table symbol 'Fe' and atomic number '26'. It is by mass the most common element on earth and contains about 5% of the earth's mass. It is found in a lot of places like rocks, and even in the blood. Iron has magnetic properties which means it sticks to a magnet when close to it. Many breakfast cereals such as

cornflakes contain iron. When eating cereal next time, take a closer look at the ingredients

and you may find that it contains not just corn and wheat but also iron. Now, If you are like me, I bet you are thinking, "Wait a minute, how can human beings actually eat the same iron used for building houses and cars?"

That is a great question and there is a simple experiment you can do at home to prove that human beings actually consume iron. Here is how:

- Buy a breakfast cereal that contains iron such as fortified cornflakes.
- Get a bowl and spoon or mortar and pestle
- Get a strong bar of magnet
- Get a white piece of paper
- Get a resealable Ziploc bag (this is optional)
- Get some water (optional).

Procedure for Iron Extraction

- Crush the cereal with the back of the spoon or pestle to a fine powder (the finer it becomes the more your chances of getting more iron from the cereal). You could also use a dry blender for quicker results if you have one.
- Pour the powder onto the white piece of paper, smooth it out in a thin layer.
- Run the magnet closely over the top of the cereal powder, Make sure it does not directly touch the powder.

Observation

As you run the magnet over the cereal for some minutes, you will notice some black particles attach on the magnet. The black particles are the iron particles in the breakfast cereal.

If you are dissatisfied with your results and wish to extract more iron from the breakfast cereal, then use the following steps;

Carefully pour the cereal into the resealable plastic bag.

Fill the bag halfway full of water. (Warm water preferable).

Seal the bag and gently shake the liquid around till the cereal dissolves, the liquid may turn into a brown, soupy mixture. Allow it to sit for some minutes.

Place the strong magnet on top of the bag, put your other palm on top of the magnet and flip your hands over so that the magnet is under the bag.Slowly move the magnet over the bag for some minutes. This should attract the iron particles in the cereal.

What you will observe.

Look closely at the edge of the magnet where it's touching the bag, you will see tiny black specks on the inside of the bag around the magnet. Those are the iron particles extracted from the breakfast cereal. Hope you enjoyed this article, see you in the next edition of "The Exemplar."

Written by Igbana Tersoo

"99 Days for the Thief, One Day for the Owner"



Once upon a time, there lived a boy named Idoko in a village in Enugu State. Idoko was very lazy and would often steal food from other people's farms instead of farming to produce his own. One day his neighbour got tired of losing his produce and decided to catch the thief. He set a trap and hid in the bushes waiting all night to see who will come to steal from his farm. At about dawn before it got bright, Idoko came as usual with sack on his back to steal from the farmer. He bent down and began to harvest the crops, when he was done and wanted to leave, the famer jumped out of his hiding spot and shouted, 99 days for a thief and one day for the owner! The startled Idoko forgot that there was a tree behind him, he bumped into it and crashed while trying to run. The farmer called for help and all the farmers came and tied Idoko to the three and beat him mercilessly. After the beating, Idoko promised never to steal again.

Written and Illustrated by:
Iordye Godwin
Grade 5



Xmas Party& Gift Exchange Day











Xmas Party& Gift Exchange Day







2021 EASTER RECITAL DAY







OUR 2021 Career Day












OUR 2021 Career Day



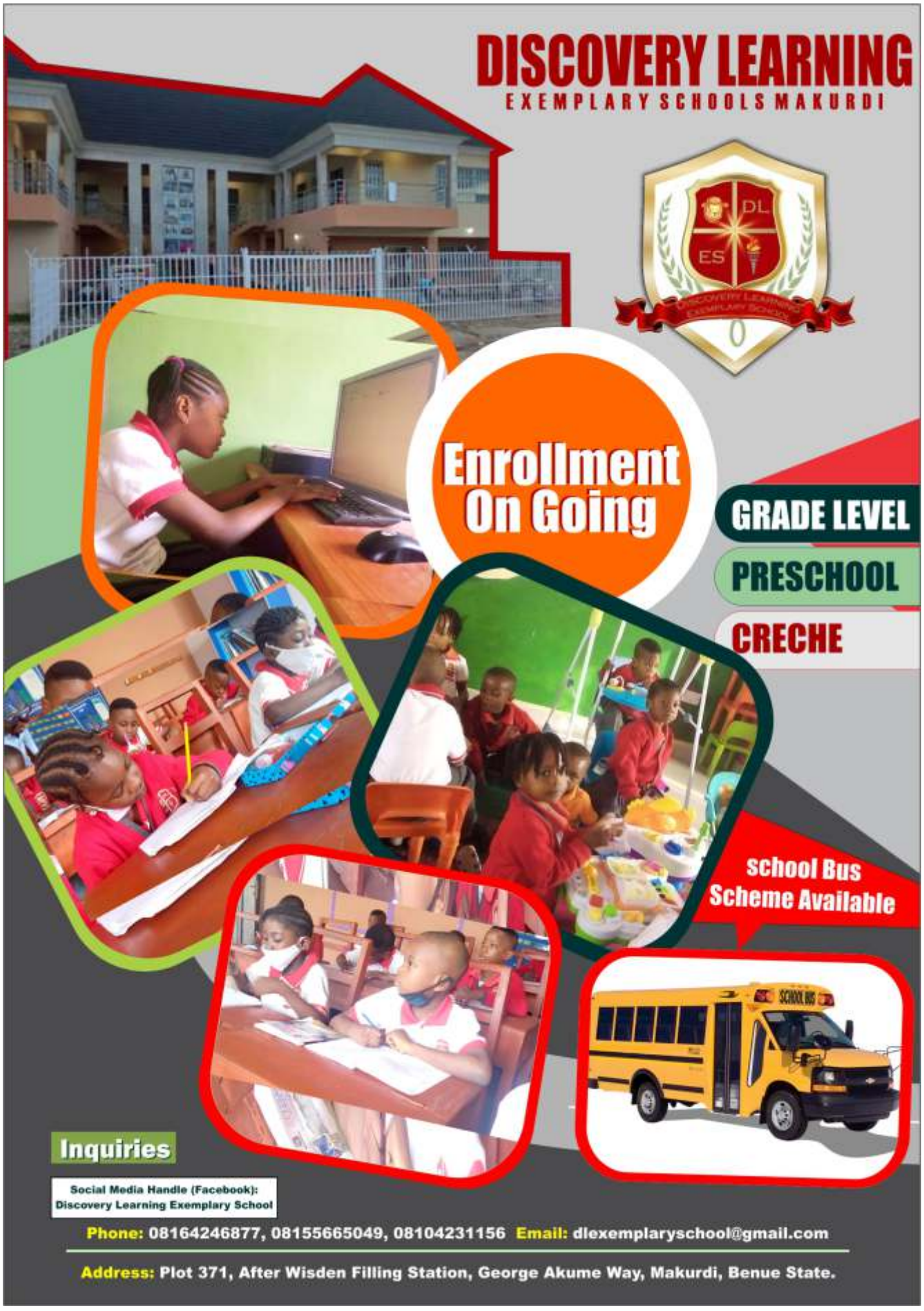











DISCOVERY LEARNING
EXEMPLARY SCHOOLS MAKURDI
Enrollment On Going
GRADE LEVEL
PRESCHOOL
CRECHE
school Bus Scheme Available
Inquiries
Social Media Handle (Facebook):
Discovery Learning Exemplary School
Phone: 08164246877, 08155665049, 08104231156 Email: dlexemplaryschool@gmail.com
Address: Plot 371, After Wisden Filling Station, George Akume Way, Makurdi, Benue State.

Acknowledgment



Betty Kajoh, PhD.

A hearty thank you to our wonderful Discovery Learning Exemplary School Family, for all the hard work sacrifices and commitment that have made this school year such a success. Even if we don't call you by name, know that we truly, deeply appreciate you for all you do and for the opportunity to participate in your child(ren)'s development. we hope you have a wonderful and safe summer and look forward to seeing you in the next school year.

if your family is staying in town or you have family member and friends visiting from out of town, please take advantage of our fun and engaging summer school to avoid learning regression during the extended holiday.